



Teenspiration

FEBRUARY 2026



**PARTAKERS
OF THE
MIRACULOUS**

You Have Overcome!

“Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world” (1 John 4:4).



The Christian is born of God and has the same life and nature as God. It's important to note that the verse doesn't say you shall overcome them; it says you have overcome them. This is not a promise; it is a statement of fact. You're not trying to overcome; you have overcome already! Also, observe it doesn't say you have overcome them *“because you're strong”* or *“because you're very spiritual!”* No! You have overcome them because the One in you is greater!

Colossians 1:13 says, **“Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son.”** The natural man is under the dominion of the devil and therefore requires deliverance. But the new creation man who has been brought out of the dominion of the devil into the Kingdom of God's dear Son doesn't need to be delivered again. He has already overcome the devil.

When a man is born again, the life of the first Adam that is subject to sin, sickness, disease, and death is supplanted by the life and nature of Christ. In **2 Corinthians 5:17-18**, the Bible says, **“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. And all things are of God...”** In reality, the new creature has his origin in God. His life comes from God, and this life can never be defeated, destroyed, or brought down.

“And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the

sick, and they shall recover” (Mark 16:17-18). It's important to note that this is not a promise but a statement of fact unveiling your true description.

In other words, by virtue of your new birth, you're no longer subject to diseases and infections. You now have within you the overcoming life of God, and that life cannot be brought down by any infirmity.

Romans 8:11 declares, **“But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.”** Therefore, live every day in the reality of who you are. The life of God within you is greater than any infirmity. It is superior to the devil, demons, and all manner of diseases!

Hosea 4:6 says, **“My people are destroyed for the lack of knowledge...”** Many are oppressed and afflicted by the devil because they lack the knowledge of God's Word. This is the reason you must take your study of God's Word seriously. It will show you who you really are and what belongs to you in Christ Jesus.

The truth is, the more of God's Word you receive into your spirit, the greater insight you'll have into the life of God in you and, consequently, how you function in that life. That life will become so real to you, and it'll be impossible for sickness to dominate you.

Make up your mind not to have a casual relationship with God's Word. Go after it like you would go after a treasure; it will transform your life and cause you to walk in the reality of eternal life!

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PRAYER OF SALVATION

If you want to make Jesus Christ the Lord of your life, say this prayer, believing with all your heart:

“O Lord God, I come to You in the Name of Jesus. I believe that Jesus Christ is the Son of the Living God. I believe that God raised Him from the dead and I confess that Jesus Christ is the Lord of my life from today. I receive, by faith, remission of sins for my soul. Right now, in the Name of our Lord, Jesus Christ, I receive eternal life into my spirit. I am born again!”

If you've just said the prayer, please send an email to info@httnmagazine.org. God bless you.



Join the conversation and share your impact stories and testimonies with us
@teenspiration and **@teenspirationmag**
on KingsChat.



PARTAKERS *of the* MIRACULOUS

Teens Prepare for the Healing Streams Live Healing Services



Ask anyone who has ever attended or participated in one of the Healing Streams Live Healing Services with Pastor Chris, and they'll tell you that it's a life-changing experience like no other. Youths and teenagers who participate testify that it's a sublime encounter. It is always a demonstration that God's power transcends age, geography, and circumstance, reaching everyone who believes.

Resplendent Reminiscences

Throughout the three editions of the Live Healing Service that were held in 2025, teenagers from across the world joined billions of participants in faith and expectation. Gathered in homes, churches, healing centers, or crusade arenas, they witnessed a synchronized global move of God.

People all over the world basked in God's glorious presence as they participated in the live broadcasts of the Healing Streams in over 11,000 languages and dialects.

For selected youths who attended the Live Healing Services as delegates, it was their first time

experiencing such a massive, unified expression of faith, and it left an impression. 16-year-old Marina from Bolivia says, *"When we arrived at the Healing Streams studio, I felt God's presence in the loving welcome we received. And from the moment the choir began to sing, I knew my life would never be the same again."*

Moments of prayer, exalting songs of worship led by Loveworld Singers, enlightening discussions with senior ministers, and inspiring lessons from Pastor Chris set the tone for a charged atmosphere. Each session stirred faith and expectation in the hearts of young viewers worldwide.



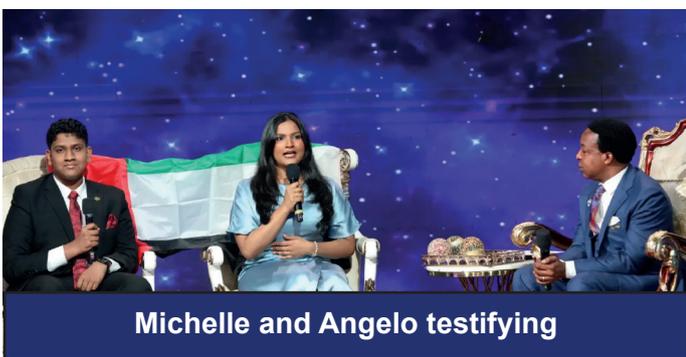
Unending Testimonies

The testimony segments of the healing services left indelible impressions in the heart of every teen. Testifiers from various countries came onstage to give astounding accounts of how their lives changed from misery to miracles and from trial to triumph. In the words of Bosma from Australia, *“We saw real-life miracles walking and talking.”*

Among the testifiers were two siblings from the United Arab Emirates (UAE) – Michelle (17) and Angelo (15). For years, both had suffered the same medical condition called antimetropia, where one eye is nearsighted (myopic) and the other is farsighted (hyperopic).



Michelle and Angelo from United Arab Emirates



Michelle and Angelo testifying

For Michelle, it started when she was six years old, and Angelo first noticed it when he was eight. Their visions worsened until their parents had no choice but to seek medical attention. Both siblings were issued prescription eyeglasses, and their lives became a series of doctors' appointments from that point on. *“The glasses were a necessity we needed more than clothes. As I got older, my vision got blurrier. By 2019, I couldn't see even with the glasses,”* Michelle recalls.

In March 2022, Michelle and Angelo participated in the Live Healing Services. As Pastor Chris ministered to the global audience and instructed all to place their hands where they needed healing, the siblings touched their eyes, and a miracle happened.

Now, four years later, Angelo and Michelle still have smiles on their faces and a testimony to the praise and glory of God. Angelo says, *“I enjoy the Lord's*

beautiful world with my eyes now. I don't need glasses anymore.”

Miracles Without Borders

The healing wave extended across continents. At the Mato Grosso Healing Center in Brazil, Neuza received instant healing from bursitis, regaining full use of her arm. In Saint Vincent and the Grenadines, Amisa testified of complete healing from gastric ulcers after months of pain and dietary restrictions. These accounts reinforced to youths that miracles are real and ongoing.

Looking Ahead with Expectation

As another edition approaches, expectations continue to rise. Having seen undeniable evidence of God's healing power, many teenagers are confident that lives and nations will be transformed. *“I just want to see the Gospel come alive as the power of God heals those who are sick, at home and in the hospitals,”* says Jonathan from Canada.

Fully aware of their role as ambassadors, they have taken bold steps to extend the impact of Healing Streams. Already, some teens have taken to organizing healing outreaches in streets, hospitals, private residences, malls, and several other places. With passion, they are sharing the Word of God, inviting others to connect to the Live Healing Services, and distributing Teenspiration Magazine to build faith and expectation.

Mark Your Calendar Now



**Friday 13 to
Sunday 15
March 2026**

**God's power will overflow with the
Healing Streams Live Healing Services
with Pastor Chris.**



**As the clock ticks and we count up
to this extraordinary event in this
Year of Manifestation, you have a
vital role to play. It's time to get to work,
saturating your nation and your city
with the healing power of God.**

To sign up today, visit: teenspiration.org
or send a message to us on KingsChat:

 [@teenspiration](https://www.kingschat.com)

Set Miracles in Motion with Teenspiration Outreaches

In vibrant cities and cozy communities, a powerful movement is gaining momentum. Teenagers, stirred by compassion and faith, are stepping boldly into their world to announce one message: healing is here. As preparations intensify for the March 2026 edition of the Healing Streams Live Healing Services with Pastor Chris, Teenspiration outreaches are lighting up people and places around the world, driven by teens determined to make a lasting mark.

Armed with faith, love, and copies of Healing to the Nations Magazine and Teenspiration Magazine, they are reaching out to the young and old alike. These outreaches are mobilizing people, reaching the unreached, and stirring widespread anticipation for the Healing Streams.

Teenspiration outreaches have inspired faith, leading many to salvation in Christ Jesus and causing those who were afflicted with sickness to receive healing in their bodies. For those who received the magazine, a deeper desire to experience and share God's power stirred. Every step taken and every word spoken leaves a lasting imprint on hearts and communities.



Outreach in El Salvador



Outreach in Tanzania



Outreach in Tanzania



Outreach in El Salvador



Outreach in Nigeria

"Finding Teenspiration has altered the course of my life in many ways," says Precious, 15, from Tanzania. "It's so comforting to know God always finds a way to reach us with His Word, and the magazine has inspired me to bless my world with the good news of the Gospel. I was suffering from the flu when a friend sent me a copy of the magazine. I read it and spoke life and health to my body. The next day, I woke up strong and healthy. All the symptoms had disappeared completely. Now, I am also giving the magazine to as many as I can and telling them to prepare for their miracles at the Healing Streams."



Outreach in India

The March 2026 edition of the Healing Streams Live Healing Services is just weeks away, and miraculous testimonies abound already, with people testifying to being uplifted and inspired. The Gospel is advancing with unstoppable power, and the Spirit of God is moving mightily as teenagers ready healing centers and prepare their worlds of influence for the Healing Streams.

Be a part of this global movement. Participate in Teenspiration outreaches in the following ways:

- Sign up to join Teenspiration.
- Prepare other teens like you for the upcoming Healing Streams Live Healing Services through the distribution of Teenspiration Magazine and set up healing centers.
- Give to have the Teenspiration Magazine sent to regions and remote places.
- Spread healing in every language and dialect by signing up to translate the magazine and the Live Healing Services.

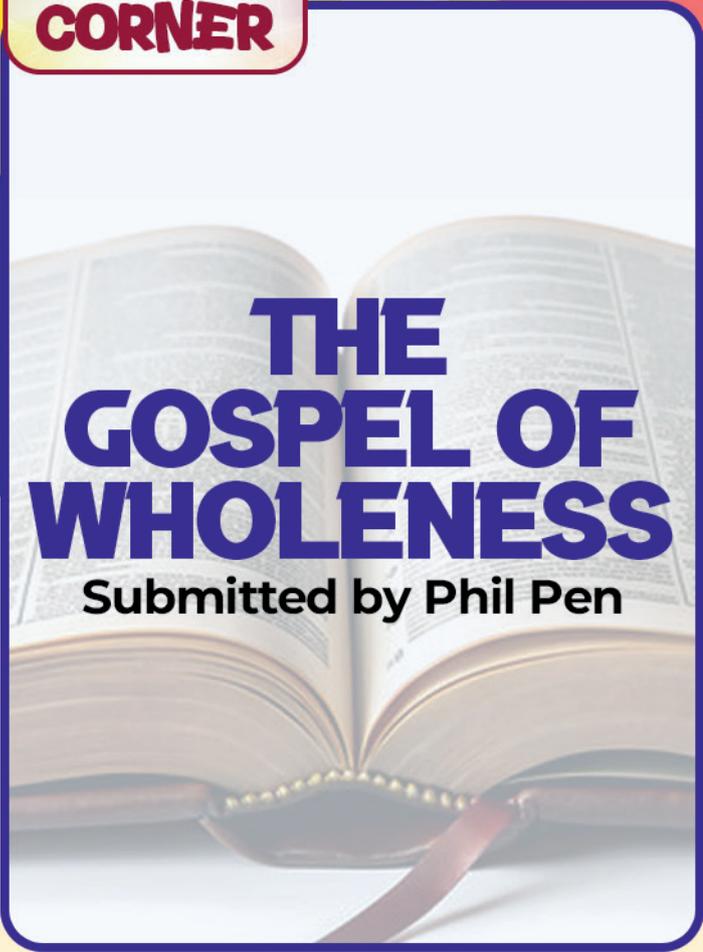


Outreach in India

Visit teenspiration.org now to get started.



Outreach in India



THE GOSPEL OF WHOLENESS

Submitted by Phil Pen

Your piece could be featured in our next edition. You can send us:

- Your inspiring content for Creative Corner
- Your healing testimonies and salvation stories
- Impact reports of your exploits as a Christian teen for Beyond Boundaries stories.

Submit your content via KingsChat to [@teenspirationmag](https://www.instagram.com/teenspirationmag).

What is the truth about health?
Are sickness and weakness life's final word?
If God made all things good and perfect
Who then scripted the pain that men endure?
I asked, where did it all go wrong?

I searched the Scriptures, long and deep
I walked the path where truth makes free
From dusk till dawn through every line
Until I found a receipt of a fully paid fine
An exchange signed by blood divine

It dawned on me
That Christ cleared the fee
No debt of pain remains on me
And He sent me forth to tell the story
The untold testament of His glory

When the noise of death and disease
Echo and try to steal my peace
I lift this testament and make decrees
Divinity and life flow through my veins
And in the victory of Christ, I reign

My Lord's voice resounds within my soul
Of how He's made me well and whole
"I wish my beloved, above all things
That you prosper and be in health
For I have set you free from pain and death"

Jesus sent His Word
And this is the Gospel I heard
This is the Gospel I believe
The Gospel of eternity in my heart
And a glorious life that sets me apart

The good news of health to the sick
Of sight to the blind
Of freedom to the bruised and bound
Of broken hearts mended
And of broken limbs restored

This is the Gospel of Wholeness
And it is life to every heart that believes

YOUR REAL IDENTITY



Who are you, really? Not who people think you are, not who social media says you should be, and not who your insecurities whisper to you in your quiet moments. Many teenagers struggle with fear, self-doubt, comparison, and the pressure to fit into shifting cultural standards. But God offers you a truth that changes everything.

True confidence begins with your identity, knowing who you are in Christ. Your value isn't based on achievements, looks, or popularity, but on your nature. The Bible says, **"If any man be in Christ, he is a new creature..." (2 Corinthians 5:17)**. The moment you received Christ, you became a partaker of the divine life, infused with God's righteousness and glory. That is the foundation of your true identity.

See Yourself Through God's Eyes

Your real identity is shaped by the Word, not by comparison or cultural trends. Romans 12:2 tells us to renew our minds, letting God's truth redefine how we see ourselves. When your thoughts align with His Word, you begin to recognize yourself as valuable, capable, and chosen. Let the Word dominate your consciousness and put a spring in your steps. Then, you'll walk with quiet confidence, speak with grace, and express the excellence of the Spirit in all you do.

You Are the Righteousness of God

The Bible declares, **"The righteous are bold as a lion" (Proverbs 28:1)**. Boldness comes from knowing you are made right with God. When you understand that guilt, shame, fear, and inferiority have no claim over you, confidence begins to rise from within.

Daily affirmations like *"I am the righteousness of God in Christ"* help anchor your self-esteem in divine approval rather than public opinion. You can stand before any situation with assurance, knowing that God's presence and favor are with you always.

Holy-Ghost-Powered Confidence

True confidence flows from fellowship with the Holy Spirit. **Acts 1:8 (AMPC)** says, **"You shall receive power... when the Holy Spirit has come upon you."** Learn to commune with the Holy Spirit, He'll give you strength and boldness beyond natural limits. His presence within you makes you fearless and purposeful. Depend on Him for wisdom and guidance, and He'll empower you with clarity and courage.

You Don't Compete, You Shine

God's Word warns, **"They measuring themselves by themselves, and comparing themselves among themselves, are not wise" (2 Corinthians 10:12)**. Celebrate your uniqueness in Christ. Comparison fades when you understand you're a masterpiece of divine design. Every gift, talent, and idea you carry is for a purpose that only you can fulfill. Recognize and cultivate your divine potential, and grow in your distinct place in God's grand design.

Live out your real identity. Your confidence is not arrogance; it's faith in who God says you are. Stand tall. Walk in love. Embrace your divine nature. When you know your real identity, you stop trying to fit in and start living out your purpose with boldness, grace, and joy. You are who God says you are; nothing more, nothing less, and nothing else.

Little Habits

Big Health Wins



When it comes to staying healthy, most people think of big changes like strict diets, intense workouts, or complicated routines. But the truth is, your real advantage lies in the little habits you practice every single day. These simple actions may seem small, but together they keep your body fresh, protected, and performing at its best. Let's explore the small routines that make a major impact.

1. Clean Body, Clear Mind:

Good hygiene is vital for guarding against infections, acne, body odor, and everyday germs. Here are daily hygiene basics for every teen;

- Bathe or shower regularly.
- Use an antiperspirant or deodorant, especially if you live in a warm climate.
- Brush your teeth at least twice a day, and floss.
- Wash your hands often.
- Wear clean clothes, especially socks and undergarments.

2. Hydrate Like a Pro

Drinking enough water keeps your body functioning smoothly; from glowing skin to better focus in class. Aim to drink water throughout the day, not just when you're thirsty. Your body will reward you with more energy and resilience.

3. Reset and Recharge with Sleep

Sleep isn't a luxury; it's your daily recharge. When you get enough good-quality sleep, your immune system strengthens, your mood improves, and your mind becomes sharper. Simple habits

like sticking to a consistent bedtime, reducing screen time before sleep, and keeping your room cool and calm help your body recover and protect itself.

4. Keep Your Space Clean and Fresh

A clutter-free space reduces stress, improves focus, and cuts down germs. Try these tiny tasks every day: Make your bed in the morning | Clean your phone screen (it collects more germs than you think) | Wipe down your study desk | Air out your room for a few minutes. These small actions create a healthy environment that supports your well-being.

5. Nourish Your Body with Smart Food Choices

Healthy eating isn't complicated. Add more fruits, vegetables, proteins, and whole grains to your meals. Swap sugary drinks for water occasionally, and enjoy treats in moderation. Little choices add up to big results.

6. Move Your Body

You don't need a strict fitness routine to stay active. Take a walk, dance to your favorite playlist, stretch, or join a school sport. Consistency always beats intensity.

You don't need drastic changes to stay strong and protected. Tiny, consistent habits build a foundation of health that lasts. Start and stay committed. Let little health habits become your daily armor, and you'll see them grow into big wins for your well-being.

SPEAK LIFE & HEALTH

To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory (Colossians 1:27).

Living with the consciousness that Christ lives in you is one of the greatest things that could ever happen to you as a Christian. It is, in fact, your solution to all problems and answer to all questions. Christ in you is everything. Christ in you is your healing and health, your deliverance, wholeness, and preservation.

You're not an ordinary person; you belong in a special class of divine beings – 'the Christ-in-you-species'. This is your hope for the transcendent life of the miraculous. As a child of God, because Christ is in you, you have a right to walk out of any pain. You have a right to walk out of darkness, poverty, and sickness.

How? Just stop thinking, talking, and acting like one who's sick, broke, or defeated. Renew your mind and start thinking, talking, and acting as one who's healthy, strong, prosperous, victorious, and blessed. That's the way to demonstrate your faith in the Word and in the greater One who lives in you. Hallelujah!

PROCLAIM BOLDLY

All things are mine. I have a healthy, prosperous, vibrant and successful life, for Christ has taken up His residence in the quarters of my heart. I have nothing to fear: no fear of the future; no fear of the dark; no fear of sickness or infirmity, because Christ in me is my assurance of a life of continuous triumph and eternal glory.

I am strengthened with divine might, and I can do all things through Christ, whose glory and righteousness are revealed in and through me today! Thank You blessed Father, for granting me grace and ability in Christ Jesus, to rule and reign in life!

My life is the expression of the glory of Christ. I live in the consciousness of my divine life and origin in Christ. With Christ in me, there is no place for any disease in my body. Darkness, defeat, and sickness have no room in my life. Glory to God!

Christ is my assurance for living in perfect health every day. There is no trace of weakness, sickness,

infirmity, or death in my body. Everything in my body is perfect, just as God designed it to be. I am alive unto God because Jesus is alive in me!

God's stamp and seal of perfection are on me, certifying my health, success, victory, effectiveness, and glory. I live above infirmities and the harsh elements of this world because the One who lives in me is Greater than he that is in the world.

The good life of victory, dominion, and perfect health hallmarks my daily life because my mind continually stays on the Word. God has given me the Spirit of power, love, and a sound mind. I reign over sickness, disease, poverty, and lack!

I daily experience increased manifestations of God's power in my life. I am in God's class – a partaker of His divine nature. No sickness, disease, or infirmity can corrupt my health. I live above them because I am seated with Christ in the heavenly realms of glory. Hallelujah!

SPREAD IMPACT IN YOUR WORLD WITH THE TEENSPARATION MAGAZINE



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