



# HEALING<sup>to the</sup> NATIONS

MARCH 2025



**A GLORIOUS SEASON  
OF SPECTACULAR  
MIRACLES**

**FRIDAY 14TH<sup>to</sup>  
SUNDAY 16TH  
MARCH 2025** | **2 PM  
(GMT+1)  
DAILY**

[www.healingstreams.tv/LHS](http://www.healingstreams.tv/LHS)





# MUCH MORE THAN HEALING

~ Pastor Chris

**And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it. (Colossians 2:15)**

**T**he Bible records that while Jesus hung on the Cross, His visage was so marred beyond that of any man. That's because every kind of infirmity that has ever existed or may ever exist was put on Him (Matthew 8:17). Why suffer anymore when He already suffered in your place?

If you're suffering from sickness today, divine health has been made available to you in Christ Jesus. You don't need to suffer one more day. Understand that He paid the price for that infirmity. Connect that pain you feel in your body to the price He paid. His blood was shed for you. See that growth in your body nailed to the cross; see your weakness on the cross. It's not yours anymore. This means you can simply walk away from any infirmity that has held you bound.

When infirmity tries to fasten itself on you, don't cry or beg. Simply say, "*Leave my body in the Name of Jesus Christ.*" Then relax. All of nature will conform to the Word of God you voiced.

The challenge with many folks is ignorance. They don't know, so they suffer. Just as the Bible says, "**...people are destroyed for lack of knowledge**" (Hosea 4:6). Get out of ignorance today and walk in divine health. Your suffering is unnecessary.

What God wants to give you is not a healing; what He wants to give you is His Word in your spirit. With the Word, it doesn't matter what symptoms show up

in your body, you're sure to have victory over them.

However, this comes through meditating on the Word of God. Meditation drives the Word into your spirit and produces the harvest of what the Word talks about in your life. Have specific times for meditating on the Word. As you do this, you'll find that the Word will literally take charge of your entire being and transform your mind, such that it will become impossible for you to think of sickness.

In **1 John 4:4**, the Bible says, "**Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.**" Sickness can no longer hold sway in your body; the life of God in you is greater.

Settle this truth in your heart: because you're born again, you don't get sick. It's not in your nature to get sick. You shouldn't be infected by anything, nor should any disease be found in your body. Just as cats don't bark because it's not in their nature, a child of God doesn't get sick because it's alien to his divine nature. This is why the Bible says in **Isaiah 33:24**, "**And the inhabitant shall not say, I am sick...**"

Even when symptoms show up in your body, you'll know they only came to pass; they have no dwelling place in your body. You'll understand that not only have you become one with God, but your body has also become His dwelling place.



# CONTENTS

MARCH  
2025

HEALING STREAMS  
REPORT

04 11

FAITH'S PROCLAMATIONS  
OF HEALING & HEALTH



## Prayer of Salvation

If you want to make Jesus Christ the Lord of your life, say this prayer, believing with all your heart:

“O Lord God, I come to You in the Name of Jesus. I believe that Jesus Christ is the Son of the Living God. I believe that God raised Him from the dead and I confess that Jesus Christ is the Lord of my life from today. I receive, by faith, remission of sins for my soul. Right now, in the Name of our Lord, Jesus Christ, I receive eternal life into my spirit. I am born again!”

If you've just said the prayer, please send an email to [info@httnmagazine.org](mailto:info@httnmagazine.org). God bless you.

IGNITE THEIR SMILES AND LIGHT UP THEIR WORLDS WITH THE  
**HEALING TO THE NATIONS MAGAZINE FOR KIDS**  
[www.httnmagazine.org](http://www.httnmagazine.org)



**SEND YOUR HEALING TO THE NATIONS MAGAZINE  
TESTIMONIES TO [testimonies@httnmagazine.org](mailto:testimonies@httnmagazine.org)**

**THE HEALING SCHOOL IS A HEALING MINISTRY OF PASTOR CHRIS OYAKHILOME**

The Healing to the Nations Magazine is published by the Healing School. All rights reserved.

Reproduction in whole or in part without written permission is prohibited. ISSN 1597 – 0833





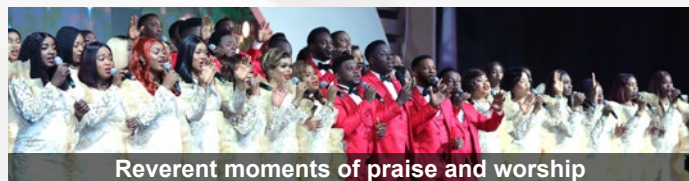
# A Glorious Season of SPECTACULAR MIRACLES

▲ Friday 14th to Sunday 16th March 2025

Another edition of the Healing Streams Live Healing Services with Pastor Chris is set to shake the world this month. From Friday 14th to Sunday 16th of March, God's people everywhere are excitedly expectant, and they eagerly prepare for a new wave of the supernatural. With worldwide participation from nations and territories, Healing Streams is the largest global healing crusade. This unique program brings healing and salvation to people wherever they are.

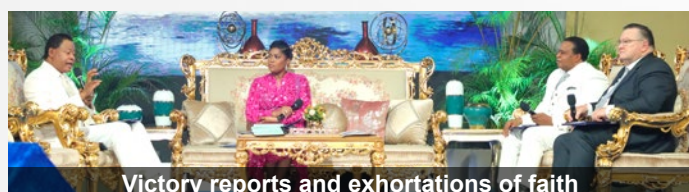
As news of the Live Healing Services spreads, its ever-widening reach extends to people of all ages and from all walks of life. Some receive the life-saving tidings just in the nick of time. Having been diagnosed with various illnesses and terminal diseases, they participate with a hope: to receive one word from God that will change their lives forever.

Every healing service is a peculiar experience marked by awe-inspiring wonders. Lives are transformed through miracles, healing, and salvation. The global audience is captivated by the manifest presence and power of God. As they pray and sing worship songs, they offer their hearts, hands, and voices in reverence, glorifying the Lord.



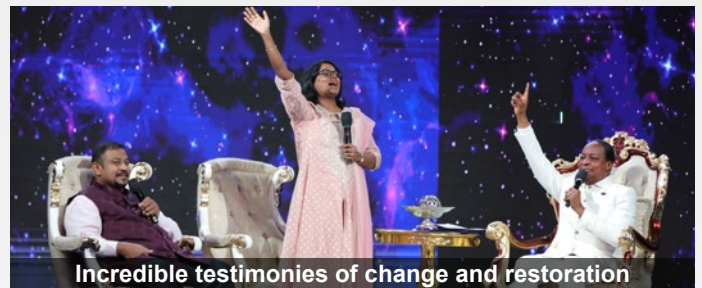
Reverent moments of praise and worship

Senior ministers of the Healing School exchange impact reports and tales of supernatural victories from various parts of the world as a result of the Live Healing Services. They also exhort everyone with God's Word, charging their anticipation.



Victory reports and exhortations of faith

Many participants who have received miracles from previous editions of the Healing Streams share their incredible testimonies, recounting how God healed them, restored their bodies, and changed their lives. These stories inspire and encourage others to stand firm in faith, ready to take hold of their miracles.



Incredible testimonies of change and restoration

The atmosphere becomes electric when the man of God, Pastor Chris, enters the arena. Filled with the Holy Spirit, he passionately ministers the Word and imparts God's healing power to all who are connected.

Pronouncements of life and healing from the man of God spell defining moments for people everywhere. The oppressed are freed, the blind see, the deaf hear, and the lame walk. Many are healed instantly, regardless of their condition, status, or location. Wherever there is faith and a connection to the Healing Streams, miracles happen.



Supernatural ministrations from the man of God





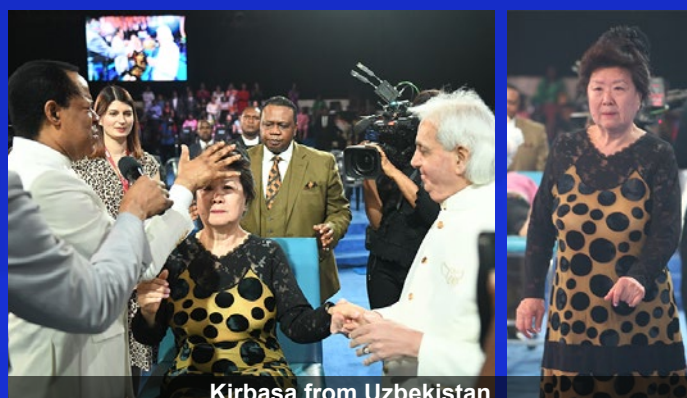


The joyous celebrations that follow these miracles are overwhelming. Shouts of exultation fill the air as many experience unprecedented healing and restoration in their bodies, minds, and spirits.

73-year-old **Kirbasa from Uzbekistan** suffered from multiple ailments that severely affected the quality of her life. She was diagnosed with diabetes, high blood pressure, kidney disease, and osteoarthritis. These ailments caused debilitating symptoms, and no medication or treatment brought lasting relief. She endured severe pain in her legs, arms, and shoulders, which worsened daily. It became increasingly difficult for her to walk or perform basic tasks independently.

With faith in her heart for a miracle, Kirbasa attended the October 2024 Healing Streams Live Healing Services, opting to travel to Nigeria so she could participate in the Healing Streams studio. At the appointed time, the men of God, Pastor Chris and Pastor Benny, ministered to her, casting out demons of affliction.

*“During the ministration, the power of God entered my body and I received my miracle! Now, I am healed, healthy, and alive! I no longer experience pain in my legs or feet. All the ailments are gone, and I’ve stopped taking medications. I can now do everything – clench my fingers into a fist, raise my left arm, move backward, and even rub my back – things that were once impossible,”* Kirbasa shares with joy.



**Kirbasa from Uzbekistan**

**Pastor Jamshed from Russia** was engaged in intensive sports for years. Over time, he suffered trauma to the patella in his right knee. After consulting with doctors, he was prescribed medication for pain relief. However, in recent years, the discomfort intensified, making it difficult for him to stand, squat, or walk without pain. Most of the time, he limped and couldn’t live life as he once did.

Pastor Jamshed participated in the Live Healing Services, determined to receive his miracle. As Pastor Chris prayed for the sick during a session, he felt a note of victory within his spirit. At that moment, his miracle took place.

Exultant, he shares his testimony: *“After the Healing Streams, I realized the knee pain was gone, and I can walk properly again. I can now jump, bend, and do all the things I couldn’t do before. Glory to God! I thank God for the Healing Streams Live Healing Services.”*



**Pastor Jamshed from Russia**





# A Glorious Season of SPECTACULAR MIRACLES

▲ Friday 14th to Sunday 16th March 2025



Yanitsa from Bulgaria

In July 2024, **Yanitsa from Bulgaria** began experiencing ringing sounds in her ears, due to a condition known as tinnitus. This persistent ringing robbed her of sleep. Soon after, she developed nerve pain around her shoulders and at the back of her head. Despite heavy painkillers, the pain persisted. Additionally, she suffered from severe rashes on various parts of her body, painful mouth ulcers, and demonic attacks. These conditions left her in a constant state of suffering, making it impossible to live a normal life.

Yanitsa later returned to the hospital for further tests, which confirmed her miracle. Today, she lives her life to the fullest, free from pain and sickness.

For nearly two years, **Betty from Kenya** endured arthritis in her right leg. The leg became so swollen that she couldn't perform daily chores, exercise, or stand without pain. As a grandmother, taking care of her grandchildren brought her joy but the limitations of this illness prevented her from fulfilling this role. Medications kept the inflammation at bay for short periods but the doctors recommended a knee replacement.

A family member encouraged her to register for the Healing Streams. Joining the program online, Betty anticipated her divine moment. *"When Pastor Chris prayed for me, I received such a big miracle in my life. Today, I can walk and do my chores. I feel like a brand-new person. Also, I received salvation as a result of my miracle. I am so happy,"* Betty enthuses.



Betty from Kenya

Desperate for her miracle, Yanitsa participated in the Healing Streams Live Healing Services. *"On the day of the healing service, I was certain it was my time to be completely healed. When Pastor Chris prayed for the global participants, I received my healing by faith. That same night, I felt a surge of the Holy Spirit in my body again, and I knew I was being healed,"* she recounts.

All the illnesses vanished and never returned. Yanitsa concludes her testimony: *"I can feel my body even better. I can move my hands and shoulders, turn my neck, and lift my hands. My body regained full mobility, and the stiffness and pressure are gone. The ringing in my ears has disappeared. I can hear better now. I am happy, healed, and free! I am deeply thankful to our Lord, Jesus Christ, and to Pastor Chris."*





## FRIDAY 14TH TO SUNDAY 16TH MARCH 2025

Are you ready for the Healing Streams Live Healing Services? What are your expectations? If you are not already involved in our global preparation for this spectacular crusade, start today! Your actions and next steps are aptly encapsulated in 4 Ps that stand for Prayer, Publicity, Penetration of Places and Languages, and Partnership.

### PRAY

“...The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]” (James 5:16).

We achieve more when we pray together, and the “PRAY WITH ME” campaign is currently ongoing, with men, women, youths, and children reaching out to others and coming together to pray on designated days of every week.

Join God’s saints daily as we make power available for outpourings of excellence and perfection at the Healing Streams. Activate your Prayer Cloud and invite friends and family to intercede for the sick in 15-minute prayer sessions.

Pick a prayer slot at [myprayercloud.org](http://myprayercloud.org)

### PENETRATE PLACES & LANGUAGES

“And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come” (Matthew 24:14).

Go all out to reach even the farthest and most remote places with the healing message. In addition to creating physical and virtual healing centers for your contacts and others around you, you can participate in missions to cities and countries where the message is most needed.

Also, you can sign up to translate the Healing Streams and the Healing to the Nations Magazine, and recruit other translators.

- Healing centers – [healingstreams.tv/virtual](http://healingstreams.tv/virtual)
- Translations – [translate.healingstreams.tv](http://translate.healingstreams.tv)

### PUBLICIZE

Leave no one behind! Every day, get everyone in your world connected to the Healing Streams. Carry out healing outreaches with the Healing to the Nations Magazines for adults and kids.

Amplify your publicity, join the **HERALD Initiative** (Healing Everywhere Reach Access Link Distribute) at [herald.healingstreams.tv](http://herald.healingstreams.tv) and avail yourself of every opportunity to spread the news everywhere.

With your publicity, create awareness, stir up faith for the miraculous, and create expectations for superfluous overflows of blessings. Today and every day, tell everybody about the Healing Streams Live Healing Services. This is something to shout about!

Register your invitees at [healingstreams.tv/LHS](http://healingstreams.tv/LHS)

### PARTNERS

This season, the Lord has granted us divine favor and grace for giving and receiving. Give lavishly every day, participate in **50 Days of Surplus Grace**, which started on January 26th and ends on March 16th.

Give for the organization of the Live Healing Services and the reach of Healing Streams TV. Sponsor Healing to the Nations Magazines distribution, our translations work, and Triumphant Entry Missions to bring the Healing Streams to people everywhere.

Also, sponsor students and ministers from ‘Every Nation Under Heaven’, who would like to attend the Healing Streams at the live studio in Lagos, Nigeria.

Give big daily.  
Remit your pledges at [give.healingstreams.tv](http://give.healingstreams.tv)

# A Supernatural Breakthrough

When I participated in the Healing Streams, I was healed of gastroesophageal reflux disease (GERD) after Pastor Chris ministered to me. That miraculous experience deepened my connection with the ministry of the man of God, and it inspired me to become actively involved.

I was led to partner with the Lord and one of the projects that stood out for me was the H.E.L.P.E.R Initiative (Healing Everywhere Lead Partnership Extender). I gave purposefully and also enlisted my husband to join in this partnership.

Not long after sowing our seeds, we experienced a supernatural breakthrough in our air conditioning business. We received a significant contract that marked a turning point for us.

This partnership has not only brought us financial blessings, but also favor and grace in our endeavors. Even in the face of challenges, our sales team has become one of the top performers in the industry. The more we give, the more doors of opportunity open for us. Today, our business is thriving against all odds, and this has greatly strengthened our faith.

We are grateful to God for these blessings and for the privilege of partnering through such a life-changing initiative.

~ **Joserie from the Philippines**



**A Healing Everywhere Lead Partnership Extender (H.E.L.P.E.R) takes healing to people all over the world by giving, and also by leading others to partner with Pastor Chris through the sponsorship of Healing Streams programs.**

**Follow these 3 easy steps to become a H.E.L.P.E.R today.**

1. Signup @ [www.healingstreams.tv/helper](http://www.healingstreams.tv/helper) and give a seed
2. Send your unique extender link to the lead you want to enlist
3. Inspire your leads to give and track their progress on your dashboard



**SPECIAL**  
**MIRACLES**  
 WITH THE  
**HEALING TO THE NATIONS**  
**MAGAZINE**



## Damaged Eyes Repaired!

In 2023, I began experiencing intense pain in my right eye. The discomfort worsened when there was a bright light. Driving at night became impossible, as the headlights of oncoming cars caused severe pain in my eyes. After some time, my husband encouraged me to consult an eye specialist.

The tests revealed that the lens in my eye was damaged and would need to be replaced. Surgery made me anxious, so I decided to explore herbal medicine. I used herbal treatment for some time. Sadly, there was no improvement.

Holding on to my faith, I kept praying for the Lord to heal me. A few weeks later, I met a group of ministers in Yogyakarta. They were translators of the Healing to the Nations Magazine. They gave me a copy and inspired me with many stories of people who had been healed through their use of the magazine.

I believed that by doing the same, I too, would experience a miracle. During my prayers every night, I read the magazine, holding it close. As I prayed, I declared with unwavering faith that Jesus Christ would perform a miracle and heal my eyes, just as He had done for those whose testimonies I had read.

I continued this until something remarkable happened. For the first time in almost a year, I could look at sunlight without any pain or discomfort. I was overwhelmed with joy and gratitude. I took a drive at night, and the headlights of oncoming cars no longer hurt! To this day, my eyes have remained perfect.

Thank You, Lord Jesus, for my healing. Thank you, Pastor Chris and partners, for bringing this powerful tool to Indonesia.

**Indra Wati from Indonesia**



Prepare people and places for the upcoming Healing Streams through sponsorship and distribution of the Healing to the Nations Magazines. To get started, please visit [www.httnmagazine.org/give](http://www.httnmagazine.org/give).

### Save These Dates For **TRANSCENDENT EXPERIENCES THIS MARCH**

- ROAD TO HEALING STREAMS – SEASON 13 ~ 28th February – 13th March 2025
- GLOBAL COMMUNION SERVICE WITH PASTOR CHRIS ~ 2nd March 2025
- YOUR LOVeworld SPECIALS – SEASON 11 PHASE 3 ~ 5th – 7th March 2025
- HEALING STREAMS LIVE HEALING SERVICES ~ 14th – 16th March 2025
- HEALING STREAMS FESTIVAL OF MIRACLES – SEASON 12 ~ 17th – 30th March 2025
- GLOBAL DAY OF PRAYER (21) ~ 28th – 29th March 2025
- GLOBAL FASTING & PRAYER ~ 28th – 30th March 2025

Participate Live @ [www.healingstreams.tv](http://www.healingstreams.tv)  
 OR on the Healing to the Nations App



# PAIN RELIEF MANAGEMENT

**P**ain is the body's response to illness, injury, or disease, a signal that something is amiss. Most people have experienced pain in some form, and the first instinct is to get rid of it as fast as possible, as it could be disruptive. There are different types of pain and just as many solutions and options for pain relief and coping with pain. This article provides a mindful approach to pain relief management, emphasizing what you should and shouldn't do.

## 1. APPLY GOD'S WORD:

The Scriptures are replete with God's Word on your health. So, study the Word and apply it in every circumstance. When you feel pain in your body, talk *to* it rather than talk *about* it. Lay your hands on that area and declare healing in the Name of Jesus. Cut off every infirmity and command the pain to go. When you speak in faith, you will have whatever you say (Mark 11:23).

## 2. IDENTIFY THE SOURCE:

For chronic (prolonged, recurring, and/or persistent) pain, you need to examine yourself and pinpoint the cause. Those morning headaches could mean you had your devices in bed, and the radiation is getting to you. A bad chair or wrong posturing could be causing that unrelenting back pain. The neck and shoulder cramps might mean you have the wrong pillow. Dehydration, too, can lead to muscle stiffness and discomfort, causing an ache or numbing pain.

There are many things that cause pain. If a self-examination doesn't work, consult your healthcare provider to identify the underlying cause(s). Once you take care of its cause, the pain should go away.

## 3. MAKE LIFESTYLE MODIFICATIONS:

- **Practice Healthy Living:** This means a balanced diet, regular physical activity, adequate sleep, and reducing stress. A healthy diet of vegetables, fruits, proteins, and whole grains will reduce inflammation. Regular exercise, even low-impact activities like walking or swimming, can enhance physical strength, flexibility, and pain tolerance. Adequate sleep is crucial for recovery, tissue repair, hormonal balance, etc.

- **Ergonomics:** Learn the proper posture and ergonomic practices to prevent/reduce pain. Also, review furniture at home and in your workspace to ensure they are the best fit for you.

## 4. USE MEDICATIONS SPARINGLY:

While pain relief medication may offer respite from pain, consider that all drugs have side effects. Only take painkillers as a last resort, and in limited dosage. Long-term risks involved in drug use include over-dependency and overdose, addiction, reduced natural ability to cope with pain, hormonal imbalances, cognitive impairment, and gastrointestinal issues like constipation.

## 5. EXPLORE ALTERNATIVES:

- **Try Meditation:** No, we don't mean tai chi or yoga. The Bible says that if you meditate on God's Word, you will do it and have good success (Joshua 1:8). Negative thoughts of anger, bitterness, and malice can cause pain and sickness, including major diseases like cancer. Focus, instead, on renewing your mind and transforming your body with the Word. This is a must when dealing with pain or infirmity.

- **Thermotherapy:** Use hot or cold compresses to relieve pain, muscle stiffness, and inflammation in your tissues and joints. Apply compresses either with a wet cloth or a water bottle, depending on the type of injury. Additionally, thermotherapy improves blood circulation, relaxes the muscles, aids better sleep, and improves respiration and tissue metabolism.

- **No Massages:** There's a wide misconception that massages help relieve pain. However, deeper research will expose harmful side effects. Massages involve applying pressure on muscles, which can aggravate pain. Side effects vary from mild issues like soreness, headaches, and bruising to more severe concerns like nerve damage, allergic reactions, and pulmonary embolism. Benefits from massages are inconsistent and unproven, so exercise caution.

*For more health tips, watch [Healthy Living on Healing Streams TV](#). Find past episodes in the 'video on demand' section – [www.healingstreams.tv](http://www.healingstreams.tv).*



# FAITH'S PROCLAMATIONS OF HEALING & HEALTH



**“Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.” (John 14:23)**

Every child of God is God’s dwelling place (1 Corinthians 3:16), but Christ can only manifest Himself in the life of the one who keeps His Word. He will manifest Himself in your soul by taking charge of your mind and giving you thoughts of God. He will also manifest Himself in your body by showing Himself alive in your tissues and organs, giving you divine health.

This is what you need in your life. His divine presence vitalizes your body through the Holy Spirit who lives in you. If He is manifested in your body, no sickness or infirmity can remain! Hallelujah!

## **CONFESSIONS**

Eternal life is at work in my spirit and it permeates my soul and body. No sickness, disease, or infirmity can dwell in my body. I live a highly successful, healthy, glorious, and victorious life in Christ Jesus because I am one spirit with Him.

I am not bound by the principles of the world because I hail from Zion – the heavenly kingdom – where sickness, disease, death, or any form of darkness do not exist. I am an effective and efficient ambassador for God’s Kingdom and I dispense divine health realities to all I encounter.

My faith does not stagger; it is alive and working. I refuse to entertain doubts because my faith is the victory that overcomes the world. I flourish in perfect health and I am above all crippling circumstances of life. All things are working together for my good.

The Lord keeps me in perfect peace continually because my mind is focused on His Word. Daily, the Word produces what it talks about in me, causing me to radiate good health and strength, and to display a life of peace with prosperity.

The fullness of the God-head dwells in me bodily. I am full of divine energy that repels sickness and death. The Greater One lives in me, and He is

greater than the spirit in the world. I live every day in superabundant health. Glory to God!

I am in Christ! I reign in righteousness. No weapon formed against me shall prosper. I dwell in the secret place of the Most High God, and I function with the ability of the Spirit always. I refuse to think or talk sickness, for I am the seed of Abraham.

The presence of the Holy Ghost and the power of God’s Word have gained preeminence over my body. Therefore, every part of my body functions according to the Lord’s provisions for my life. Always, I am in excellent shape and I enjoy good health.

The Holy Spirit lives in me; therefore, I’m not susceptible to infirmity. The life of God in me makes every fiber of my being – my cells, tissues, organs, and systems – impregnable to disease and sickness.

In the Name of our Lord Jesus, I quell every dart of sickness, disease, or infirmity that tries to attack my body. The life of God flows through my entire being, vitalizing every part of my body with divinity.

I am the best of God’s creation because His Word of truth birthed me. This truth abides in me and produces righteousness, glory, excellence, and divine health.



Explore  
A WORLD OF  
MIRACLES & WONDERS

Get the  
**HEALING  
NATIONS**  
App **TO THE**



On Loveworld App Store  
[www.lwappstore.com](http://www.lwappstore.com)

Scan to watch faith-inspiring and exciting  
**Healing Streams Testimonies Videos**  
[www.healingstreams.tv/hovideos](http://www.healingstreams.tv/hovideos)



**SOUTH AFRICA**

Christ Embassy Healing School  
303 Pretoria Avenue (Cnr. Harley and  
Bram Fischer), Randburg, Gauteng.

P. O. Box 323, Randburg 2125.

Tel: +27 79 967 5852  
+27 79 967 5853

**UNITED STATES OF AMERICA**

Christ Embassy Healing School  
328 Changebridge Rd, Pine Brook,  
NJ 07058  
New Jersey.

Tel: +1 832 724 9390  
+1 347 872 6811

**NIGERIA**

Christ Embassy Healing School  
21/23 Ize Iyamu Road  
Ikeja, Lagos.

P. O. Box 13563, Ikeja, Lagos.

Tel: +234 201 330 0167  
+234 808 678 3344

**CANADA**

Christ Embassy Healing School  
31 Conair Parkway,  
Woodbridge ON  
L4H0S4.

Tel: +1 289 622 1634

**ASIA**

Christ Embassy Healing School  
2nd floor, Florida Amenity,  
Keshav Nagar,  
Pune 411036  
Maharashtra.

Tel: +91 779 499 3762  
+977 970 339 2238

**UNITED KINGDOM**

Tel: +44 (0) 333 188 0710

**EUROPE**

Tel: +49 1 766 227 2458



Follow the Healing School SuperUser on  
**KingsChat** for the latest updates and live news.  
Search for @hschool on KingsChat and follow.