Teenspiration

OCTOBER 2026



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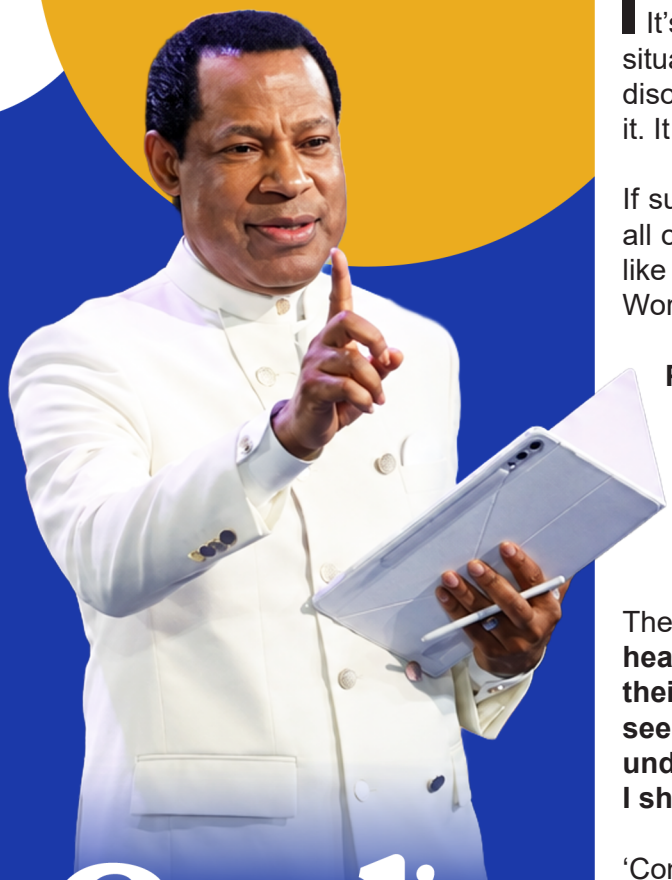
COUNT-UP TO AN Epic Season of MARVELS

FRIDAY 23 - SUNDAY 25 OCTOBER 2026

2 PM (GMT+1) DAILY

healingstreams.org

INSIGHTS FROM PASTOR CHRIS



God's Word Transforms

"My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh" (Proverbs 4:20-22).

Imagine that a certain wonder drug with the ability to cure any kind of sickness, disease, or pain has just been produced. It's an all-round drug that can heal anything or change any situation. If you were anorexic or bulimic, it would cure the eating disorder. If you were sick with a terminal disease, it would heal it. It could do just anything.

If such a drug were possible, it would be in very high demand all over the world. Even if they aren't sick, many people would like to have it, just in case anything happened. Incidentally, the Word of God is that drug.

Proverbs 4:22 says the Word is, **"… life unto those that find them, and health to all their flesh."** In Matthew 13, Jesus' disciples asked why He taught in parables. The Lord explained that the disciples had an understanding of the mysteries and secret truths of God's Kingdom imparted to them that other people didn't have.

Then, the Lord said something remarkable, **"For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them" (Matthew 13:15).**

'Converted' here doesn't mean a change from sinner to saint. It means a transformation of the condition of a man's life. So, Jesus was actually saying that if at any time the people have revelation knowledge imparted to their spirits, there'll be a transformation. The results are automatic!

God's Word has been programmed that way; if you see it with your eyes, hear with your ears, and understand with your heart, there'll be a transformation and God's healing power will be manifested. The Word functions like a step-up converter. It transforms you from one level of glory to another.

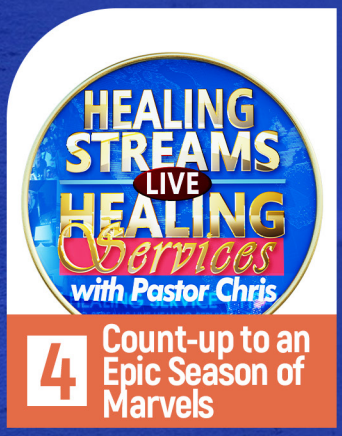
The focus of Jesus' teaching here is the importance of having revelation knowledge. If you're born again and the Holy Spirit lives in you, revelation knowledge has been granted you. The Holy Spirit is the One who imparts this understanding of God's Word to you.

1 Corinthians 2:12 says, **"Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God."**

The Holy Spirit helps you hear, see, and understand the mysteries of the Kingdom of God. If you accept and receive the revelation knowledge that He brings to you, there'll be a conversion in your condition and a transformation in the circumstances of your life. When you understand this truth, you'll understand that God doesn't choose to heal one and not the other. He said, *"When you see, hear and understand My Word, you'll be healed! There's no option, my healing power is in My Word!"*

Just For You

(Editor's Picks)



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7 Lessons from Gideon



9 Cut the Noise to Hear the Voice



11 Speak Life & Health



PRAYER OF SALVATION

If you want to make Jesus Christ the Lord of your life, say this prayer, believing with all your heart:

"O Lord God, I come to You in the Name of Jesus. I believe that Jesus Christ is the Son of the Living God. I believe that God raised Him from the dead and I confess that Jesus Christ is the Lord of my life from today. I receive, by faith, remission of sins for my soul. Right now, in the Name of our Lord, Jesus Christ, I receive eternal life into my spirit. I am born again!"

If you've just said the prayer, please send an email to info@httnmagazine.org. God bless you.



Join the Conversation.
Share your impact stories and testimonies with us @teenspiration and @teenspirationmag on KingsChat.

THE HEALING SCHOOL IS A HEALING MINISTRY OF PASTOR CHRIS OYAKHILOME

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HEALING STREAMS LIVE HEALING Services with Pastor Chris

COUNT-UP to an EPIC SEASON OF MARVELS

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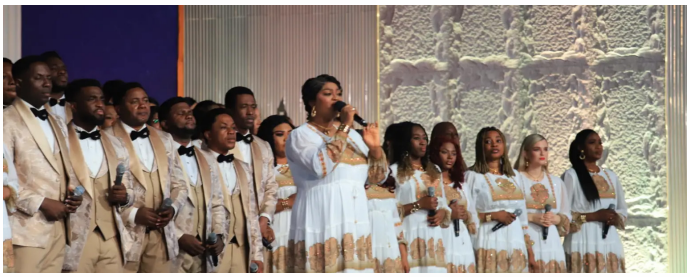
2 PM (GMT+1) DAILY

There are marvels in the world, and the Healing Streams Live Healing Services is certainly an epochal wonder. With every edition, people from all walks of life and across every country in the world connect for times of divine transformation and glorious manifestations of God's power for healing and salvation.

The July 2026 edition of the Live Healing Services was a powerful time of faith, worship, prayer, and incredible miracles. People joined from homes, hospitals, churches, schools, offices, villages, prisons, and even military and police facilities. No matter where they were, they connected in faith and experienced the power of God.

As prayers and worship filled the atmosphere, those hoping to be healed were encouraged to believe that their story could change, too. Then came the testimonies; testifiers who had battled sickness, pain, and hopelessness but found healing and restoration.

When the man of God, Pastor Chris, ministered, there were miracles everywhere. Cancers disappeared, blood conditions were healed, painful conditions vanished, and people who couldn't move or function normally began doing things they had not been able to do before.



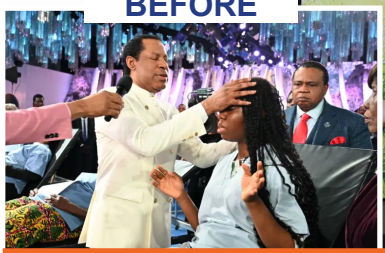




AFTER



BEFORE



FAVOR FROM CAMEROON

18-year-old Favor from Cameroon had been diagnosed with Adult-onset Still's disease (AOSD). She endured many hardships for someone so young as the rare condition caused daily fevers, painful rashes, joint and muscle pain, and sore throat. Full of faith, Favor attended the Healing Streams at the live studio in Lagos, Nigeria. When Pastor Chris ministered to her and proclaimed her healed, she got off the stretcher, rejoicing and praising God for her miracle.

HEALING STREAMS CRUSADE IN GHANA



To give more people across the globe access to the live broadcast of this epochal program, ministers, translators, ambassadors, and yes, teens, organized crusades and healing centers where hundreds and thousands would experience this overflow of blessings and miracles.

In Labone, a neighborhood in Accra, Ghana, Jessica and her team organized a Healing Streams Teenspiration Crusade at a school. In the buildup to the program, the team visited the school for an outreach and distributed copies of the Teenspiration Magazine to students to help them prepare.

During the Healing Streams Crusade, over 1,800 eager students gathered for a life-changing experience. It was a glorious day for all in attendance; many were healed, nearly 1,300 students received salvation in Christ, and all were elevated as the man of God ministered the Word.

Matilda had experienced severe chest pains and shortness of breath since childhood, which restricted her active involvement in sports and outdoor activities. As Pastor Chris prayed for all participants across the globe and declared healing, the pressure in her chest was relieved. The pain disappeared, and she became free. Hallelujah!

Constant back pain had made it difficult for Olivia to sit through lessons or stand for long periods. When the man of God gave the word, a soothing warmth spread down her back. After that, she was healed. Praise be to God!

GEAR UP FOR AN UNFORGETTABLE OCTOBER 2026

The October 2026 Healing Streams Live Healing Services with Pastor Chris is coming. It's slated for Friday, October 23, to Sunday, October 25, 2026, and you don't want to miss a moment. Come with expectation, come with faith, and come ready for your miracle. Your story will change and your testimonies will overflow. From now, start preparing in earnest for a mighty harvest. It begins with the 5 Ps.



PRAY

- Intercede for the sick and pray for Healing Streams preparations.
- Get on the HERALD App and create Prayer Clouds – virtual rooms where you pray daily with friends. Download the app at lwappstore.com.

PUBLICITY

- Create awareness for the program; brand your spaces, wear branded items, use social media, and share the Teenspiration magazine.
- Get your unique link on the HERALD App to register your invitees and refer new heralds.





PERSONAL EVANGELISM

- Share the Gospel with everyone and lead them to Christ. Encourage them to attend the upcoming Live Healing Services. For follow-up and tracking of souls won, use the HERALD App.

PENETRATE PLACES & LANGUAGES

- Organize crusades and outreaches. Ensure everywhere is fully covered.
- Set up Healing Streams Teenspiration Centers everywhere.
- Set up language centers so more people can participate.
- Volunteer to translate and/or enlist others to do the same.





PARTNER

- Give toward the organization of the program and increased reach across TV, radio, and online platforms.
- Give on the HERALD App or use Espees code: TEENSPIRATION.

Wherever you are, connect your faith with action, and get ready for a season of unstoppable impact!

For more information, visit www.teenspiration.org or get in touch with us @teenspirationmag on KingsChat.



For years, Israel suffered because they had turned away from God. Gideon hid in a winepress, threshing wheat to escape Midianite raiders. One day, the angel of the Lord called him a mighty warrior! God handed him a massive mission: save Israel. Gideon panicked, but God proved His plan was real, even letting Gideon test Him with a fleece.

Then, God did something wild. He trimmed Gideon's army of 32,000 men to just 300. Gideon was scared, but he obeyed. On the battlefield, these 300 guys didn't carry swords. They carried trumpets, empty jars, and torches. When the blast sounded, the jars smashed, the flames lit up, and the trumpets blared. The enemy panicked and ran! Israel was victorious. Glory to God!





1. GOD SEES YOU
The Lord saw Gideon's potential, not his former performance. He sees the hero in you before you realize it.



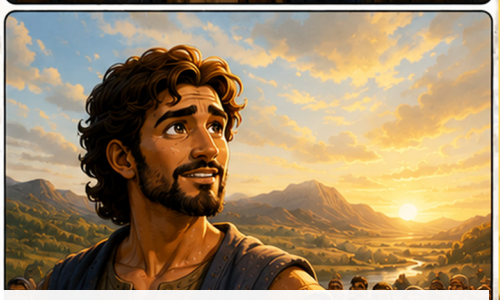
2. GOD IS ABLE
Sending Gideon with only 300 men who weren't armed was a statement. God doesn't need impressive stats; He needs a willing heart.



3. OBEDIENCE MATTERS
Trumpets, torches, and jars against an army didn't make sense, but Gideon obeyed. Trust God's direction, even if you don't get it at first.



4. FAITH ACTS
Gideon trusted God at every step and, despite his fears, he had the courage to act. Act in faith always.



5. GOD CAN USE YOU NOW
Gideon was young and God used him to free Israel. Your story is just beginning; let God use you to make a difference today.

CREATIVE CORNER



THE MAN WITH A LAMP IN HIS HAND



Submitted by Ahba Ahir

There is a man with a lamp who comes to knock on doors
Who asks gently to clean your rooms and sweep the floors
This man keeps knocking all night till daylight
He never tires day in, day out

He waits year-round to see if you would let Him in
He remains out there like a persistent mentor
And although this man can break in
He chooses not to because He loves and adores you

This man with holes in His hands
Has come a long way to give you the good and the best
For you, this man has great plans
To make your life more beautiful and radiant each day

Yet, many doubt this man with a lamp in His hands
So many question His intentions and ask what He really wants
But one day, the door finally opens
You let Him in, and He reveals Himself as Jesus, the Son of God

He walks in with a smile and quietly takes out the trash
He places the lamp in the center of the room
Its light covers the cracks and mends the broken parts
Then, He plants a tree of righteousness, peace, and joy

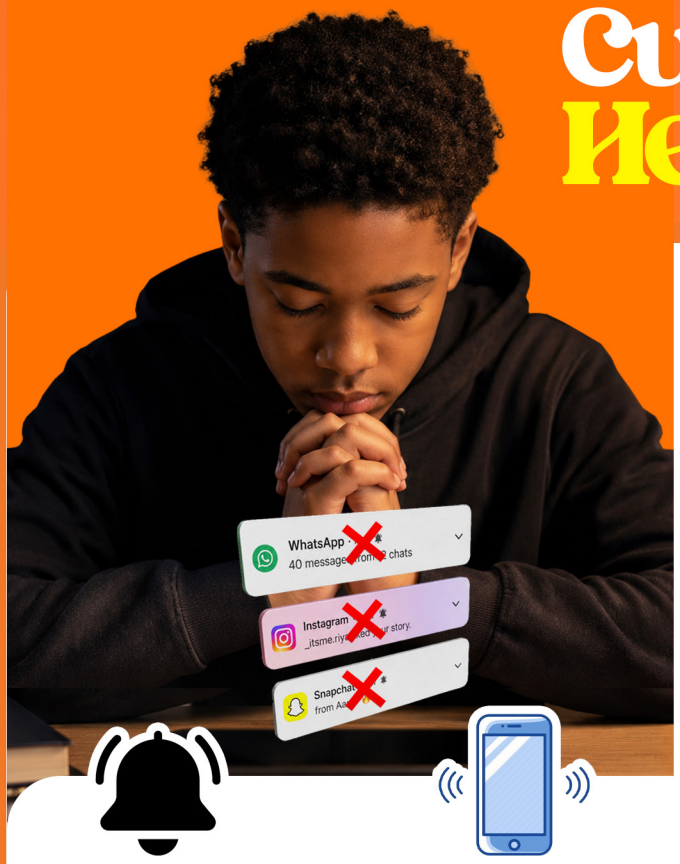
Now that you've opened the door
He lives in you now and will never leave
He never stops cleaning and mending
And the light of His Word never dims

Your heart is now a room of life and light
Full of the finest treasures anyone can find
The Word is in your mouth now, and the lamp in your hand
Will you knock on someone's door for them to let Jesus in?

Your piece could be featured in our next edition.
Submit your content via KingsChat to @teenspirationmag.

HOT TOPIC

Cut the Noise to Hear the Voice



Ping!
A notification.

Buzz!
A new message.

Swipe!
Another video.

Refresh!
Another update.

Scroll, react, comment, share, repeat. If your phone is anything like most teenagers', your day is measured in notifications. In a culture that never stops shouting, silence has become a luxury we've traded for constant connection. But here's a spiritual truth: you can barely hear God when the volume for everything else is cranked to 110 percent.

Your phone keeps you connected, but the constant notifications, streams, reels, music, chats, and opinions make it difficult to hear the One whose voice matters the most. **You don't need another notification. You need stillness.**

Elijah searched for God, and He wasn't in the powerful wind, earthquake, or fire. Instead, God was in "a still small voice" (1 Kings 19:11-13). The Lord has never competed with the world's noise. Resident in your spirit, He speaks in the still silence within your mind. The question is: are you quiet enough to notice?

Your Spirit Needs a Signal

Think about your phone. If it's off or in airplane mode, you can't connect to Wi-Fi, receive messages, or stream anything. In the same way, prayer requires you to be spiritually switched on and attentive to God.

Your spirit isn't dull because you're a teenager or because you're busy. But constant digital stimulation can make stillness uncomfortable or seemingly impossible. If every spare second is filled with scrolling, your mind struggles to slow down long enough to pray, listen, and reflect.

Think of prayer like tuning a radio. With an untuned dial, you'll never catch the music. Prayer tunes your internal radio frequency. Your spirit is the receiver, and it connects your mind to the spiritual realm that controls the physical world. God is not suddenly speaking because you started praying; the prayer helps you become attentive to His voice and responsive to His Word.

The static comes when your attention is fractured by endless reels, comments, and group chats. Clear the static, and God's signal gets easier to catch.

Try a Digital Quiet Time

Start with baby steps. Set aside 15–30 minutes for quiet time away from your phone. When it's time, pray. Talk to God honestly and earnestly. Study your Bible and meditate. In those moments, the Holy Spirit will illuminate your choices and guide your decisions.

You don't have to abandon your phone or social media. Just don't let them become so loud that you forget how to be still. Become less distracted and more discerning. Find God's voice daily, starting with a little silence.

STEP UP FOR FITNESS

When most teens think about exercise, they imagine sports and activities like hiking, biking, swimming, and more. Staying fit should feel fun, not complicated. A 10-minute walk may be the hack you need. Discover how taking daily walks can keep you healthy and active.

Why It Matters

Recharge and Refresh: A brisk walk gives an instant energy boost, leaving you recharged, refreshed, and ready for your next project or assignment. You get better stamina and stronger legs too.

Boosts Mood and Sleep: Walking helps with blood circulation, which boosts mood, reduces stress, anxiety, and fatigue. It also improves sleep and clears your mind of worries.

Brain Fuel You Need: Fresh air and movement give the brain a workout. It sharpens focus and sparks creativity. Add a hill or some stairs, and you build muscles too.

Make It Fun, Not a Chore: Go solo or make it a mini-adventure with friends. Explore a street (ensure it's safe and your parents approve). Find cool things and jot down any ideas they inspire.

Side Quests at Different Times of the Day

- **Wake Up and Walk:** Catch the sunrise and get the elusive vitamin D for strong bones and immunity.
- **The Passing Period Loop:** Got a free period or a long lunch break? Take a quick walk outside. Fresh air clears your lungs and sharpens your focus.
- **A Long Way Home:** Take the scenic route home and snap a photo for your phone's wallpaper.
- **Study-Break Stroll:** Need a break from homework? Ten minutes outside could clear your mind and give you a fresh perspective.
- **The Weekend Adventure:** Take time on weekends for a short walk. You'll be amazed at the things you'll see.



Gear You Need

- **Walk-out Outfit:** Check the weather, dress appropriately and wear the right shoes
- **The Walk-out Playlist:** Create a playlist for your walks.
- **Hydrate Properly:** Keep a bottle of water handy.
- **Safety First:** Don't explore quiet, lonely places alone and always share your location with an adult.

Build on It

You don't need a gym membership to start. Treat it like an adventure and use every opportunity you get. Breathe in the fresh air and appreciate God's creation.

Watch how a simple habit helps you stay fit, active, and healthy. So, gear up, lace up, and get walking!

SPEAK LIFE & HEALTH



"Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full" (John 16:24).

The Bible says that God knows what's in your heart; He knows what you need, even before you ask Him (Matthew 6:8). Now, if He knew your requests even before you asked, it means He also already had an answer prepared.

Mark 11:24 says, **"Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them."** At the point of asking in prayer, believe that you've received what you asked for; that's faith! Faith doesn't try to get something to happen; rather, faith takes possession now.

PROCLAIM BOLDLY

My faith is producing results; I walk in divine health, victory, dominion, and in the power of the Spirit today. I'm who God says I am, I have what He says I have, and I can do what He says I can do. My faith is the victory that overcomes the world.

I was born for the glory of God and my life is glorified by His Word. Sickness, disease, infirmity, and failure have no place in me because, as He is, so am I in this world. I have the indwelling presence of the Holy Spirit.

God's Word is producing the results it talks about in my body. The Word of God is life and health to my body. Its transforming power changes the circumstances of my life and causes my health to spring forth.

No contrary wind is fierce enough to shift my gaze and faith off the Word of God, for I know that I am destined to reign, win, and excel, irrespective and independent of negative circumstances. The power in the Name of Jesus gives me authority against the devil, sickness, disease and all the adversities of life.

By the power in that Name, I declare that I live the higher life of glory that God has prearranged for me. I live by God's eternal Word, and not by sight. I do not govern my life by the circumstances that I face, or by what I feel. All things that I could ever desire, I have freely in Christ Jesus.

The Word of God is working in me, and it produces life in me, in spite of my sensory perceptions. I hold on to the Word, and my faith is alive and active, overcoming circumstances.

Divine health is mine, in the Name of Jesus.I walk in health and strength every day of my life. My body responds to the Word of God that I speak; therefore, divine health and strength are my daily experiences.



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