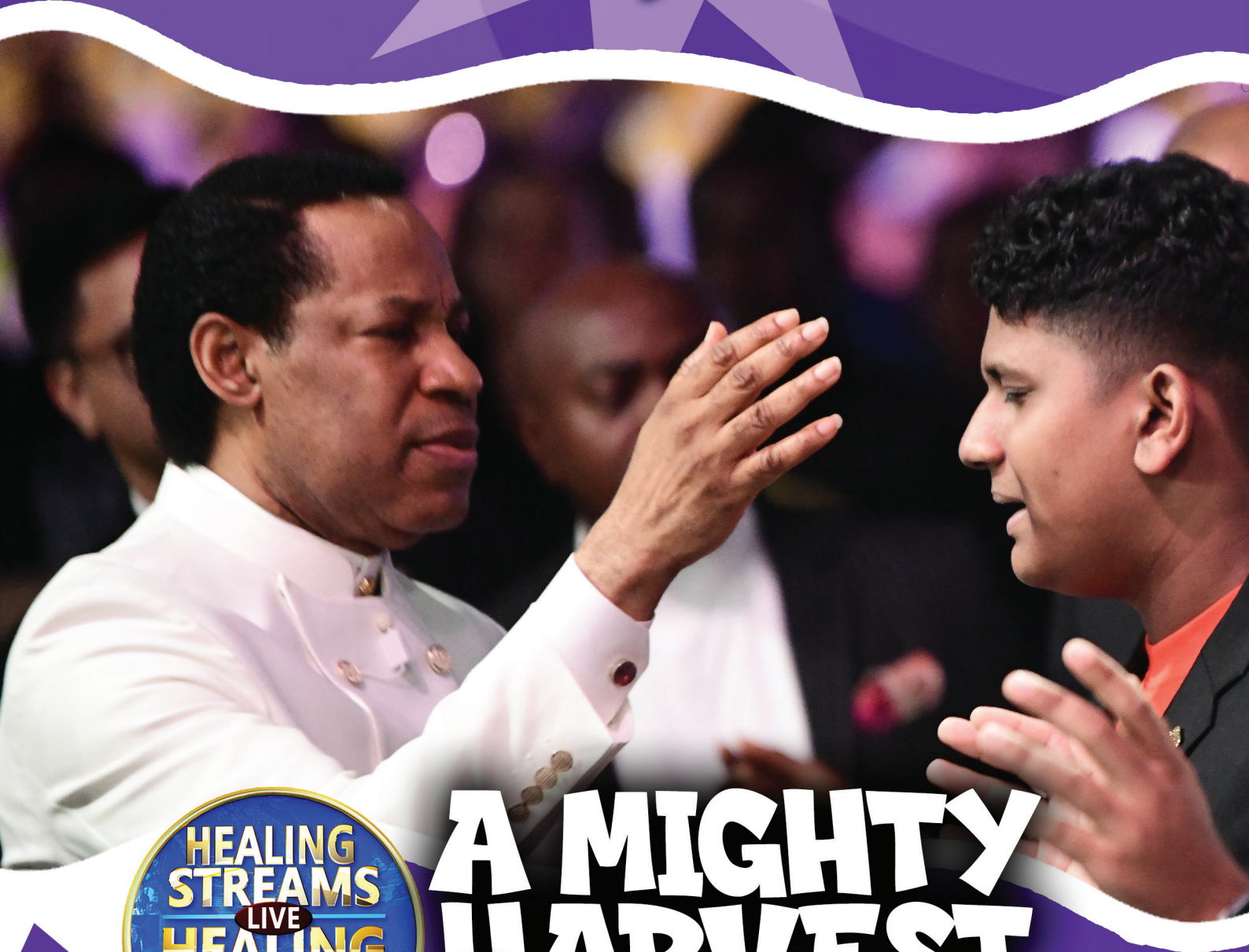




Teenspiration

JULY 2026



A MIGHTY HARVEST Approaches

FRIDAY 24 - SUNDAY 26
JULY 2026

2 PM
(GMT+1) DAILY

healingstreams.org



SOMETHING SPECIAL FOR YOU

**“And many other signs truly did Jesus in the presence of his disciples which are not written in this book: but these are written, that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through his name”
(John 20:30-31).**

A miracle is the supernatural intervention of God that transcends human or logical reasoning. At different times, people need these supernatural manifestations. When there's no way out, when medical science gives up on a case, or when human reasoning offers no hope, a miracle is required.

The Bible says, **“How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him” (Acts 10:38).** Jesus went about doing good and healing all that were oppressed of the devil; not some, but all! If He healed all that were sick back then in Bible days, He still does so today because He hasn't changed. He's the same yesterday, today, and forever.

It doesn't matter what problems you may be facing today; one thing is sure: God still performs miracles and you can call on Him today!

The Bible says in **Acts 19:11-12** that **“...God wrought special miracles by the hands of Paul: so that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them, and the evil spirits went out of them.”**

Miracles are recorded for us in the Scriptures so that we might have faith in the power of a living, resurrected Christ. In **John 20:30-31**, the Bible says, **“And many other signs truly did Jesus in the presence of his**

disciples which are not written in this book: but these are written, that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through his name.”

In other words, miracles testify to the deity of Jesus. How else can we prove the reality of God's presence in His Church? It's the manifestation of His miraculous power in people's lives that removes Christianity from the realm of religion.

The healing miracles performed in our ministry are done through the power in the Name of Jesus Christ, the Son of the living God. He was crucified over 2,000 years ago, but God raised Him from the dead. He's alive today in power and present with us through the Holy Spirit.

In the Healing to the Nations Magazine, you see inspiring stories of everyday men and women like you who came to God in simple faith and had their destinies changed. Through these testimonies, you see the reality of the power of our resurrected Lord and Savior, Jesus Christ. Let this encourage you, bring you hope, stir up your faith, and help you get ready for your miracle.

God wants you well. He said in **3 John 1:2**, **“Beloved I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.”** He desires your well-being: spirit, soul, and body. He wants to bless you and those around you. No matter who you are and what you may be facing in this life, God has something special for you this season.

Just For You

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Stay Fly*

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PRAYER OF SALVATION

If you want to make Jesus Christ the Lord of your life, say this prayer, believing with all your heart:

“O Lord God, I come to You in the Name of Jesus. I believe that Jesus Christ is the Son of the Living God. I believe that God raised Him from the dead and I confess that Jesus Christ is the Lord of my life from today. I receive, by faith, remission of sins for my soul. Right now, in the Name of our Lord, Jesus Christ, I receive eternal life into my spirit. I am born again!”

If you've just said the prayer, please send an email to info@httnmagazine.org. God bless you.



Join the Conversation.
Share your impact stories and testimonies with us
@teenspiration and
@teenspirationmag
on KingsChat.

THE HEALING SCHOOL IS A HEALING MINISTRY OF PASTOR CHRIS OYAKHILOME

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A MIGHTY HARVEST APPROACHES

Anticipating The July 2026 Healing Streams Live Healing Services



It's July, the height of the Northern summer, the time for the early harvest, when the winter wheat comes in. It's the height of the African rainy season, when everything turns green, and the sky is often heavy with clouds. It's an exciting time of the year, and all over the globe, excitement is building, but it's neither for gathering crops, rain, nor holidays. It's time yet again for the Healing Streams Live Healing Services with Pastor Chris to beam God's glorious healing power into every place where voices are heard.

For years now, Healing Streams has made light of distance and borders, making the truth of the Gospel of Christ directly available to every person in the language they understand. Millions have received healing, the dead have come back to life, and salvation has rained down, even in places where the Gospel is frowned upon or even outlawed.

TEENS AFLAME

The last edition of the Healing Streams Live Healing Services was held in March 2026, and teenagers all over the globe were actively involved in its preparation and execution. They organized magazine outreaches and massive crusades in schools and city centers, distributing thousands of copies of the Teenspiration Magazine. They led many to Christ, registering and preparing them for the Healing Streams.

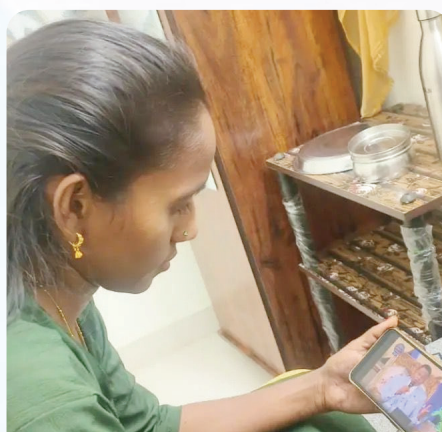
Many teenagers set up healing centers in places where people had stopped believing in the possibility of change; places where pain, struggle, and hopelessness had become normal.



Live Participation Center, Cameroon

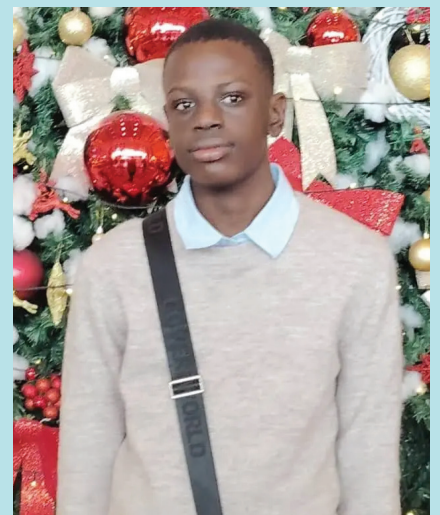


Live Participation Center, Malaysia



Live Participation Center, India

They were unstoppable. No barriers or boundaries could keep them from answering the call or blessing others. Through faith, closed doors gave way with ease. Wherever they went, the Good News went, and miracles followed.



Jeremiah's New Beginning

In March 2026, Jeremiah received a miracle during the Healing Streams. For seven years, he struggled with reading, writing, and communication. Diagnosed with autism, he fought to cope with daily interactions, despite extensive attempts with medical and psychological treatments.

During the program, Pastor Chris called out to Jeremiah on the screen and commanded the demons out of his body. Instantly, Jeremiah could read and respond properly. Now, he writes and communicates with confidence. All it took was one divine moment for God's power to change his life forever. Glory to God!

BEAUTIFUL FEET KEEP THE STREAMS FLOWING

“How beautiful upon the mountains are the feet of him that bringeth good tidings” (Isaiah 52:7).

In the aftermath of the Live Healing Services in March, there has been no lull. Just as seedtime follows harvest, teens have been alive and active for the Gospel, taking healing to the sick, and conquering new territory every day. They have seen the power of God, and they want everyone they meet to hear about it.

TEENS ON THE MOVE IN CAVITE, THE PHILIPPINES

Cavite, Philippines, buzzed with hope and excitement as Teenspiration Ambassador Juliana and her team marched into the streets and surrounding communities on a mission. Their goal was clear: to help teenagers encounter the love of God, irrespective of their background.

Spurred by an undeniable zeal and passion for the Lord, they shared the truth of God’s Word and led many teenagers to salvation. They also distributed several copies of the Teenspiration Magazine, encouraging young people to live the transcendent life in Christ Jesus.

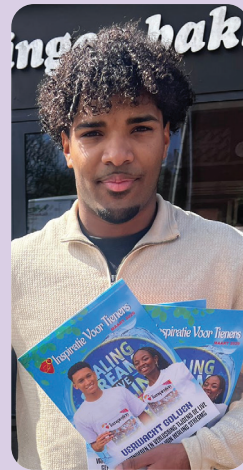


The outreach was organized as part of ongoing preparations for the Teenspiration Crusade which is set to transform the city of Cavite with the Gospel of Christ.

BREAKING BARRIERS IN AMSTERDAM, THE NETHERLANDS

Jonathan and his vibrant teen group led a Healing Everywhere Campaign in Amsterdam’s Bijlmer ArenA, the Dutch capital’s premier entertainment hub. They initially found resistance and apathy, but they persisted and were eventually divinely directed to a place where they made a solid impact. The group reached out to more than a hundred people, leading more than twenty people to salvation.

As part of the campaign, they distributed food and water to the homeless and needy. The joy and excitement of the participants and recipients were palpable, and they requested follow-up visits. Thus, a new door opened for the Gospel on the streets of Amsterdam.



A MIGHTY HARVEST APPROACHES

Anticipating The July 2026 Healing Streams Live Healing Services



STORMING THE STREETS IN LAGOS, NIGERIA

In Nigeria, Joy and her team hit the streets of Lagos with passion and purpose, taking the Gospel of Christ directly to their community with the enriching Teenspiration Magazine.

With excitement and bold faith, they reached over 50 teenagers, leading many to accept salvation and give their lives to Christ. Using the magazine, they inspired the teens to stay strong and to grow spiritually.

During the outreach, the team talked about real teen struggles, especially mental health challenges and suicide prevention. Their message came at the right time, as it reminded teenagers of Christ's love and gave them hope and purpose for the future. The team continues to follow up and fellowship with the teens, helping them in their walk of faith.



It's Your Time Now!

July is here, and just like Juliana, Jonathan, and Joy, you can be someone's saving grace. Every invite you put out, every copy of this magazine you distribute, and every healing center you set up is God's power reaching out through you to touch the world. Nothing beats that! So, roll up your sleeves; we've got work to do, and we're doing it with 'THE FOUR Ps'



PRAY

For at least 15 minutes every day, pray about the program and all who will participate.



PUBLICIZE

Hit the streets, your classrooms, and your neighborhood with the good news. Let everyone know that Healing Streams is coming.



PENETRATE & SATURATE

Set up healing centers and enlist translators. You can download the HERALD app now to begin.



PARTNER

Give towards the program. Your giving will open the door for someone somewhere to receive God's touch.

For more information on how you can participate, visit teenspiration.org
Or download the HERALD App to begin.

**CREATIVE
CORNER**

My CONSTANT LOVE

Submitted by Jenna Kyle



You ask me: "Why won't you just let me be?"
"Why do you keep talking about your Jesus?"
"I'm old, yet you ask me to be born again."
"What is this love you keep talking about?"

I could tell you
That my love for you
Is as constant as the sea
But the sea is unstable and unpredictable
It's sometimes calm and peaceful
And sometimes a raging tempest
It just wouldn't do

I could tell you
That my love for you
Is as constant as the earth
But the earth quakes
It shudders and shakes
At a moment's notice, it can roll over
And destroy foundations and monuments
It just wouldn't do

I could tell you
That my love for you
Is as constant as the sky
But that is always changing
Cloudy one moment and sunny the next
Pouring rain in Africa
Showering snow in America
It just wouldn't do

Let me tell you
My love for you
Is as constant as the Lord God
Who Himself is love
That love compels me and I cannot stop
Until you believe,
Enter His loving embrace,
And partake of His redeeming grace
I cannot and will not stop
Until you're born of God's unfailing Word
Which lives and abides forever

Your piece could be in our next edition. Send:

- ~ Your healing testimonies and salvation stories ~
- ~ Your creative content – poems, illustrations, etc. ~
- ~ Impact reports of your exploits as a Christian teen ~

Submit via KingsChat to @teenspirationmag or by email to info@teenspiration.org.

DRIVE & FOCUS

A Teen's Guide to Purpose and Success

You are young and powerful. Your mind is alive with ideas, your dreams are limitless, and every new interest sparks excitement. But while it's inspiring to have many ideas, having direction is even more vital. If you chase everything at once, you may end up building nothing.

THE POWER OF FOCUS

Focus separates wishful thinking from real progress. It is the ability to choose and pursue what matters the most. The Bible says, **"Keep looking straight ahead... Know where you are headed, and you will stay on solid ground"** (Proverbs 4:25-26 CEV).

Put simply, focus protects intention and prevents distraction. The world has competing interests, voices, and noises. Everyone is doing something. But not every opportunity deserves your attention. When you learn to focus, you make meaningful progress.

DISCOVERING YOUR REAL DIRECTION

Your direction is not defined by trends or pressure but by God's Word and His plan for your life. So, the real question isn't, *"What do I want?"* It is *"What am I called to do?"*

The Bible reminds us, **"Where there is no vision, the people perish"** (Proverbs 29:18). Focus gives you vision and direction. Goals give your vision structure for a productive and impactful life.

SETTING GOALS THAT SERVE YOUR VISION

~ **Clear direction.** Paul said, **"...I do have one compelling focus... I run straight for the divine invitation of reaching the heavenly goal and gaining the victory-prize..."** (Philippians 3:13-14 TPT). Focus comes from knowing your objectives. With clear goals, your path becomes purposeful.

~ **Goals born of faith in God's Word.** Anything that negates or neglects God's Word cannot fulfill His direction for you. So, approach goal-setting with faith that sees possibilities beyond present circumstances. Learn to rely on God's ability, not yours.

~ **Write the vision and make it plain** (Habakkuk 2:2). Writing your goals moves your ideas from imagination into action, giving your vision a form you can follow.

STAYING DRIVEN IN A DISTRACTED WORLD

Drive is not just about starting strong but also about staying consistent. Many begin with excitement, but few finish.

~ **Growth requires discipline and consistency.** Being driven means showing up even when you don't feel like it. Choose discipline and stay committed. Growth involves learning, refining, and improving. You cannot build if you keep starting over.

~ **No comparison.** You were not created to compete; you were born to fulfill a unique purpose. When you constantly look at others, you lose sight of your journey. Don't chase validation by another's standard; build value according to yours.

FINISHING STRONG

Success is at the finish. The Apostle Paul said, **"I have finished my course"** (2 Timothy 4:7). He stayed focused and driven till the end. Finishing strong requires consistency, resilience, discipline, and dependence on God. When you follow through on what you start, you produce excellent results and build character and confidence.



BIBLE TRIVIA

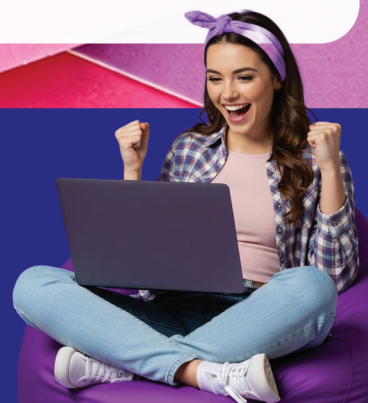


Instruction: Answer all questions. Each answer must include at least one relevant Bible verse. Submission details are below.

1. How many people of fighting age did Moses lead out of Egypt?
2. Four rivers flowed out of the Garden of Eden. What were their names?
3. When Mary visited Elizabeth, what was the reaction of the baby in Elizabeth's womb?
4. How many dreams did Joseph interpret while he was in prison?
5. Who was the "Beloved" King Solomon spoke about in the Book, Song of Solomon?
6. There was a tribe in Israel that was exempted from going to war. Which tribe was it?
7. In the letters to the seven churches, which church was described as lukewarm?
8. Complete this scripture and state the Bible reference: **"In My Father's house are many mansions; ..."**
9. Naaman and Haman were related by blood. True or False?
10. List three Bible verses that talk about the rapture of the Church.
11. Gideon led 300 soldiers to victory. How many soldiers were originally gathered?
12. The Bible tells of a great king who fought and won many battles from his youth. Who was he?
13. How long did the journey from Egypt to the Promised Land take, and how long should it have taken?
14. What is the difference between a scribe and a Pharisee?
15. Moses had a brother and a sister. What were their names?
16. What was the name of the woman who poured expensive perfume on Jesus?
17. What is the difference between a priest and a Levite?
18. When the Israelites made a golden calf to worship and Moses found out, what was his reaction?
19. Who were the three disciples closest to the Lord Jesus?
20. Service to God is a test of our faith and love for Him. True or False?

YOU COULD BE A WINNER!

- Submit your answers [@teenspirationmag](#) on KingsChat
- Entries close on July 20, 2026.
- Watch out for announcements of the winners and prizes on the Healing School superuser [@hschool](#) on KingsChat





Nothing kills confidence faster than worrying about how you smell. Whether you're in class, hanging out with friends, or heading out somewhere important, staying fresh matters. Especially with puberty in full swing, your body is changing. You may sweat more, your body odor may become stronger, and your skin may react differently than before. That's completely normal. It simply means your body is growing, and it now needs a little more attention and care. The good news? Simple hygiene habits can keep you clean, confident, and comfortable all day.

What Causes Body Odor? Body odor isn't caused by sweat itself. Sweat is mostly water. The smell comes when sweat mixes with bacteria on your skin, especially in areas like your underarms, feet, and around your body folds. When sweat sits on the skin for too long, bacteria break it down and create that unpleasant smell. So, if you reduce sweat buildup and control bacteria, you'll stay fresh.

FRESH SOLUTIONS TO CLEAN YOUR SCENT

Shower Smart and Often

Bathing daily is key, especially in warm weather or if you're active. When you step into the shower, do it right. Focus on areas that sweat the most: underarms, feet, groin, and neck. Use soap or body wash to remove bacteria. Rinse properly. Dry your body well, especially in hidden areas where moisture can linger. If you sweat a lot, a second quick shower can make a big difference.

Deodorant vs Antiperspirant

Understand the difference between the two hygiene products. Deodorants help control odor while antiperspirants reduce sweating. If you struggle with sweat and smell, use an antiperspirant. Apply it on clean, dry skin, preferably after your shower or before bed for better results.

Fresh Clothes Matter

You can shower and still smell if your clothes aren't clean. Always wear clean underwear and socks daily, avoid re-wearing sweaty clothes, choose breathable fabrics like cotton, and change clothes after workouts or long days. If the sweaty smell on your clothes persists after washing, consider adding a little disinfectant to get rid of the bacteria.

Don't Forget Your Mouth

Bad breath is part of body odor too. Brush your teeth at least twice a day with fluoride-free toothpaste, floss daily, rinse your mouth after meals, and stay hydrated as dry mouth can cause bad breath. A fresh smile goes a long way.

Game-Changing Foot Care

Feet sweat a lot and can smell quickly if ignored. So, wash your feet properly, dry between your toes, wear clean socks daily, air your shoes, and rotate different

pairs of shoes as often as possible. Foot odor is preventable with simple care.

Mind Your Meals

Certain foods can influence body odor. Be mindful of strong-smelling foods (like garlic or spicy meals), eat balanced meals, and drink enough water to help flush your system and stay fresh.

Quick Fixes on the Go

Sometimes, there's no time for a full routine. Ready fixes that help include carrying wipes, a small towel, a mini deodorant, light body spray, an extra shirt, etc. Freshness is about staying prepared.



BOTTOM LINE: FRESH IS A LIFESTYLE

Staying fresh isn't something you do occasionally; it's a daily habit. The small things add up to a big difference. When you know you're fresh, you carry yourself differently. You feel more confident, more relaxed, and more in control. Stay fresh and stay fly. You're unstoppable.

SPEAK

LIFE & HEALTH

“But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord” (2 Corinthians 3:18).

God has put man in dominion over all things, but sometimes man could find himself taken up with disease, oppression, and suffering. However, Jesus already demonstrated a higher life for us to live. So, the Bible says, **“Looking unto Jesus the author and finisher of our faith...” (Hebrews 12:2).** Turn away from the circumstances that bring you down and look unto Jesus, and reign in life through Him.

You may be reading this and there's a condition in your body. Don't look at the symptoms; look at the Word. As you behold God's Word, you won't have to try to change. Just keep your gaze on it and it will transform you.

PROCLAIM BOLDLY

I rejoice with profound joy because the Lord has filled my mouth with laughter and His joy is my strength. I do not know weakness, depression, or oppression of any sort because the joy in my spirit produces health and boundless energy for my body.

I know my divine origin; I'm from Zion, the city of the living God; therefore, I am not subject to the principles of this world. Christ in me gives me confidence and strength. I am healthy and full of divine life in my spirit, soul, and body. Hallelujah!

I live and walk by faith, not by sight. I'm only moved by the Word of God, not by what I see or feel! God's life in me dispels sicknesses, diseases, and infirmities. As I yield myself to the Word daily, my strength is renewed and my body conforms to the Word of life.

I have dominion over sin, sickness, and life's circumstances. I'm superior to Satan, and I've

overcome the world. I am seated together with Christ, far above all principality and power! The indestructible life of God in me nullifies sickness, disease, lack, and death.

I'm filled with the fullness of God, loaded with all power, glory, might, and grace! The totality of divinity is present in my spirit and expressed through me!

By the power of God's Word and in the Name of Jesus, I'm lifted above this world and into God's realm of glory. I exercise Christ's authority over my body and decree strength, health, wisdom, prosperity, and all-around success in my life, today and always.

Jesus Christ is the Lord of my life. I refuse to be bound by any habit or lifestyle that is contrary to God's Word. I have the Greater One living in me, and He guides and propels me in the paths of health and prosperity.

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